



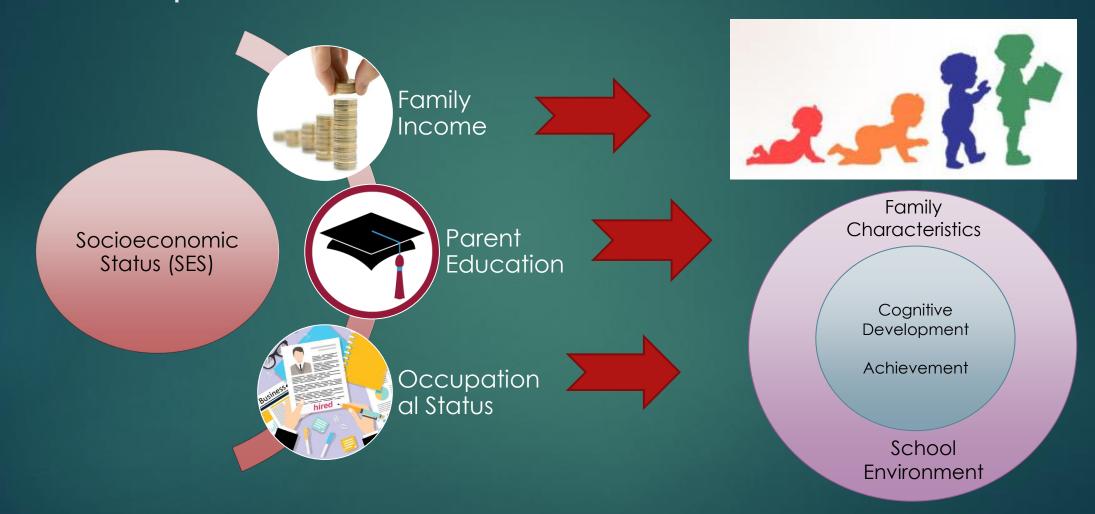
# Parenting and Child Socioemotional Well-Being

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### Factors/Variables

- ▶ Economic pressure
- ► Low-SES vs High-SES family backgrounds
- ▶ Parent-child closeness: 親子親密度
- ▶ Parent-child conflict: 親子衝突
- ▶ Prosocial behaviour: 利他行為
- ▶ Conduct problems: 品行/行爲問題

## Socioeconomic Status influences child development



Chung, K. H. (2015). Socioeconomic status and academic achievement. In International Encyclopedia of the Social & Behavioral Sciences (2nd ed.), 22, 924-930.

Physical Health

- Birth defects
- Inadequate nutrition

Emotional and behavioral Development

- Mental health problems
- Internalizing or externalizing problems

Cognitive Ability

- Poor working memory and attention
- Developmental delay

Academic Achievement

Lower literacy and numeracy skills

Family Characteristics

- Parent involvement and value for education
- Parenting practices

Home and school environment

- Limited educational resources
- Poorer school climate

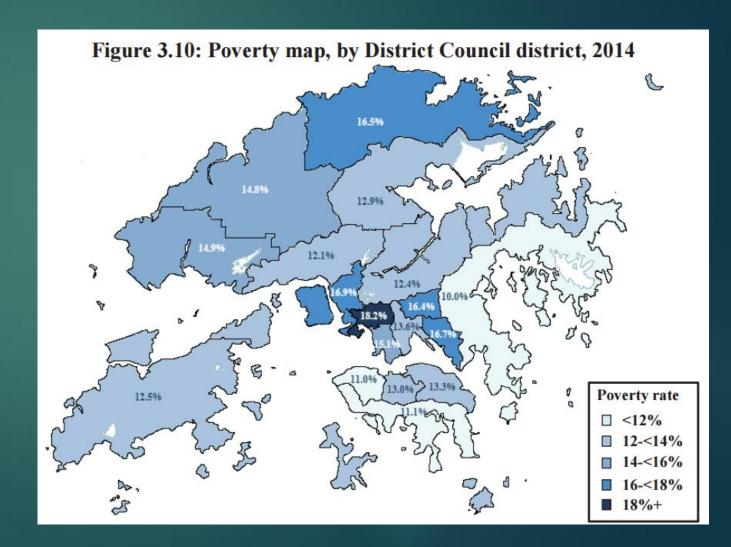


Unequal opportunities, outcomes and distribution of resources in society

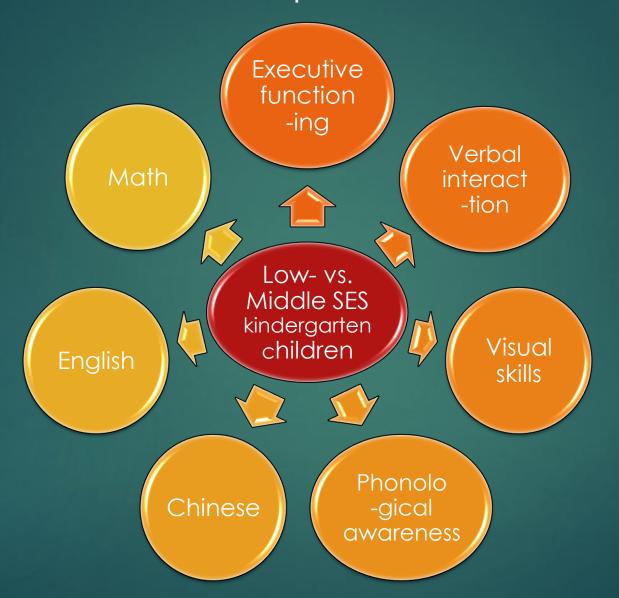
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### Socioeconomic Disparity in Hong Kong

- ► Median Monthly Household Income 每月收入中位數(2015): \$25,000
- ▶ Poverty Line 貧窮線 (2014): \$3500
- Child poverty rate 兒童貧窮率 (2014): 18.2%



#### Low SES is related to multiple child outcomes...



Chung, K. K., Liu, H., McBride, C., Wong, A. M. Y., & Lo, J. C. (2016). How socioeconomic status, executive functioning and verbal interactions contribute to early academic achievement in Chinese children. *Educational Psychology*, 1-19.

## Low SES is also related to child soft skills...

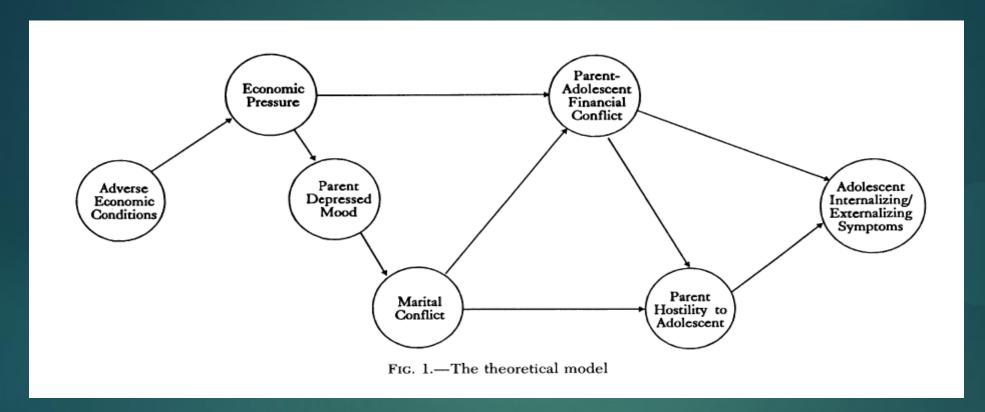
- ▶ Low SES linked with poorer behavioral and emotional outcomes across cultures (van Oort et al., 2011)
- ► The overall prevalence of externalizing behavioral problems is 8-17%, but that among low SES children is elevated, at 20%-33%

van Oort, F. V., van der Ende, J., Wadsworth, M. E., Verhulst, F. C., & Achenbach, T. M. (2011). Cross-national comparison of the link between socioeconomic status and emotional and behavioral problems in youths. Social psychiatry and psychiatric epidemiology, 46(2), 167-172.

## Parent-child relationship and child socialemotional outcomes

- Close parent-child relationships positively contributed to children's social competence, such as self-regulatory abilities and peer acceptance, and negatively predicted children's aggressive behaviors (e.g., Verschueren & Marcoen, 1999, Chen et al., 2002).
- Parent-child conflict has a negative impact on child and adolescent social adjustment. Extreme and frequent conflict was considered as the marker of dysfunctional relationships across childhood and adolescence. (e.g., Rubin et al., 2003)
- Conflict and closeness in parent-child relationships contributed independently to the prediction of children's behavior problems (Zhang et al., 2008)

#### Conger's model (Conger et al., 1994)



- Economic pressure experienced by parents increased parental dysphoria and marital conflict as well as conflicts between parents and children over money matters.
- ▶ High levels of spousal irritability, coupled with coercive exchanges over money matters, were associated with greater parental hostility.
- ▶ These hostile/coercive exchanges increased the likelihood of adolescent emotional and behavioral problems.

### This study ...

- To investigate the effect of economic pressure on maternal parenting that in turn affects child socioemotional well-being
- ▶ To investigate the extent to which closeness, conflict, prosocial behavior, and conduct problems differ between children from low- and high-SES backgrounds.

Evans, G. W. (2004). The environment of childhood poverty. American Psychologist, 59, 77-92. doi: 10.1037/0003-066X.59.2.77

Conger, R. D., & Donnellan, M. B. (2007). An interactionist perspective on the socioeconomic context of human development. *Annu. Rev. Psychol., 58,* 175-199.

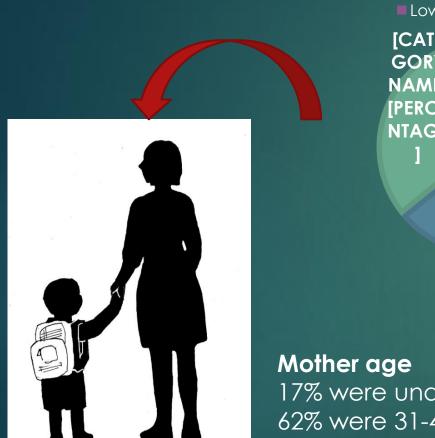
## Participants

540 mothers reported on household economic pressure, parenting, and child socioemotional outcomes:

- ▶ 54 % participating children were boys
- ▶ 50% in K1, 50% in K2
- ▶ 10 Hong Kong preschools from districts of low (3), middle (4) and high (3) socioeconomic status

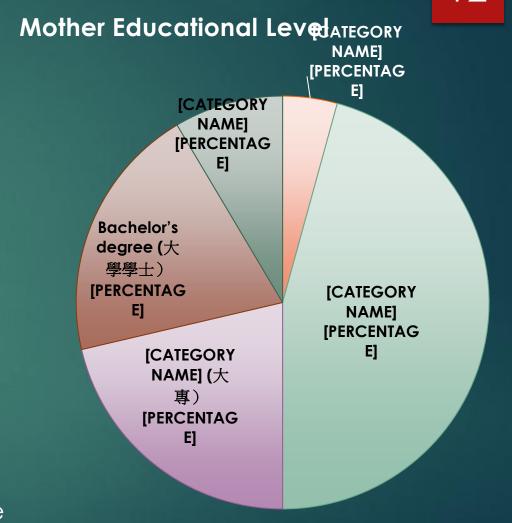


## Participant demographics



SES Middle**[CA<del>lj⊊</del>h** Low GORY [CATE NAME] GORY [PERCE NAME] CATRITAGE **IPERCE** GORY NTAGE NAME **IPERCE NTAGE** 

17% were under 30 years of age 62% were 31-40 years of age 21% were above 41 years of age



### Measures

Economic pressure (Conger et al., 1994)

你們一家有足夠的金錢去應付以下各項開支嗎?

Mothers reported whether their families had enough money for 8 items: clothing, food, housing, household items, transportation, medical care, recreation, and child education. Higher scores indicated higher levels of economic pressure.

- Parent Child relationship (Zhang, 2013)
  - ▶ Closeness 如果這孩子情緒低落,他/她會向我尋求安慰
  - ▶ Conflict 與這孩子的相處耗盡了我的精力
- ► Child Outcomes (Goodman, 1997)
  - ▶ Prosocial Behavior -

如果有人受傷、不舒服或是生病,都很樂意提供幫助

▶ Conduct Problems

經常發脾氣或大吵大鬧

Conger, R. D., Ge, X., Elder, G. H., Lorenz, F. O., & Simons, R. L. (1994). Economic stress, coercive family process and developmental problems of adolescents. Child development, 65, 541-561.

Goodman R. (1997) The Strengths and Difficulties Questionnaire: a research note. Journal of Child Psychology and Psychiatry, 38, 581–586. Zhang, X. (2013). Bidirectional longitudinal relations between father-child relationships and Chinese children's social competence during early childhood. Early Childhood Research Quarterly, 28, 83-93

### Results - RELIABILITY

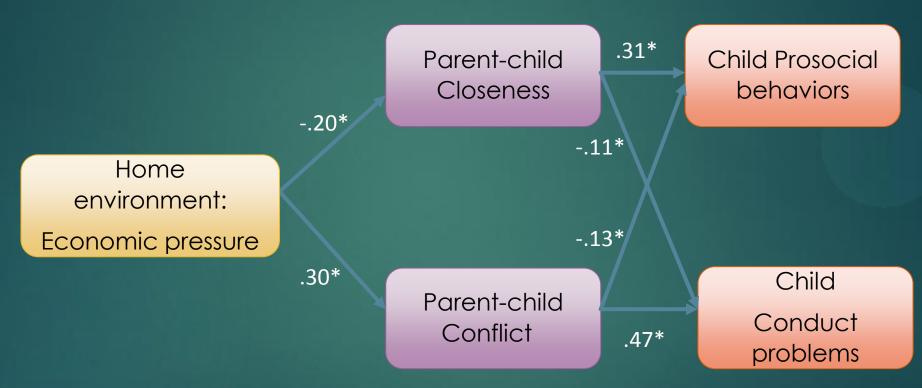
	Number of items	Reliability
Economic pressure	8	.96
Parent-child relationship: Closeness	7	.84
Parent-child relationship: Conflict	7	.82
Child prosocial behaviors	5	.78
Child conduct problems	5	.71

### Results - CORRELATION

	Closeness	Conflict	Prosocial	Conduct problems
Economic pressure	20	.30	22	.23
Closeness		44	.37	31
Conflict			27	.51
Prosocial behaviors				37

Note: All coefficients were significant at the level of .05

#### Results – PATH MODEL



Controlled variables: child gender, child age

Model fit index: CFI = .98; RMSEA = .09; SRMR = .024

<sup>\*</sup> *p* < .05

## Results – Comparisons between low and high SES groups

The full sample was divided into two groups (low v.s. high SES) based their responses on the 8 items of economic pressure.

- clothing
- food
- accommodation
- transportation
- household items
- medical care
- recreation
- child education

197 reported not enough money (equal to or lower than 2 on a 5 point scale) for one or more items Low SES

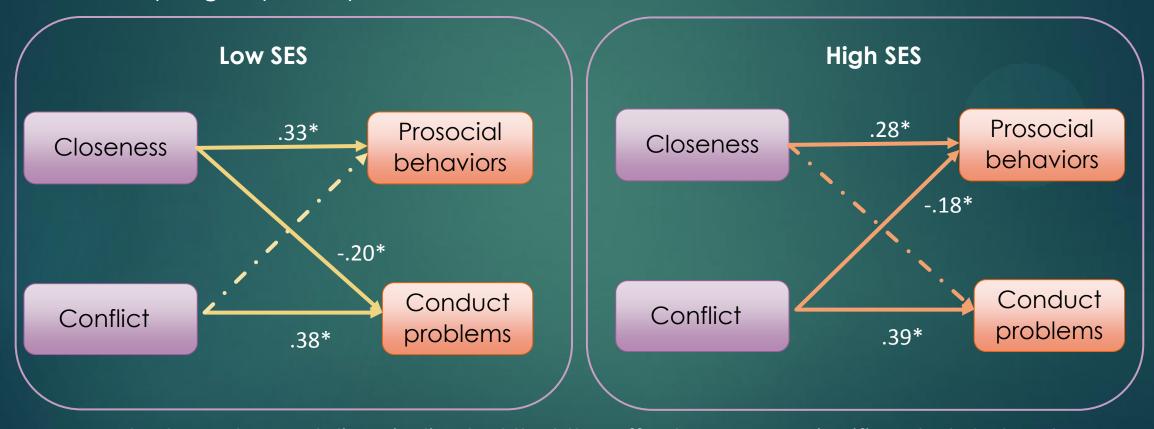
288 reported enough money (equal to or higher than 3 on a 5 point scale) for all aspects

High SES



## Results - Comparisons between low and high SES groups

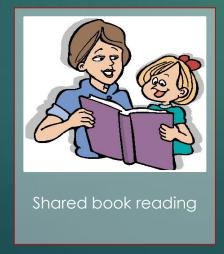
Multiple group analysis was conducted and results revealed that:

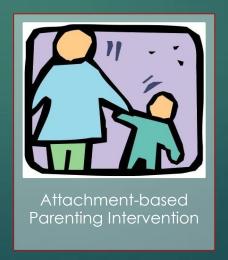


- ▶ Note: \* p < .05. Dash lines indicated that the effects were nonsignificant at .05 level.
- Covariates: child gender, child age

### Discussions

- ► This study extends the previous model (Conger et al., 1994) by accounting for both positive and negative parenting on child socioemotional outcomes
- This study highlights how family relationship processes mediate between socioeconomic status and child development
- Parent-child relationship as an entry point for interventions supporting low SES children's social and emotional development





## Tips for enhancing parent-child relationship

- Praise child for positive behaviors
- ► Reflect child's speech
- Imitate child's play
- Describe child's appropriate behaviors
- ▶ Be enthusiastic

## Acknowledgement

#### Our team



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http://3esproject.eduhk.hk/tc/index.php



Questions and Comments?